

Adventure Oasis



Open daily May 25-August 11

2019 Season



Swimming Lessons

Swimming Lessons are offered under the Progressive Swim Program. This program is divided into numerous levels. The objective of this program is to let YOUR abilities determine how fast you will progress through the levels. Practice and persistence are key, so let your swim lessons begin!

- Shrimp**-develop comfort in & around water (Parent accompanies child in pool)(30min)
- Seahorse (Level 1)**-buoyancy, breath control, basic water skills (30min)
- Starfish (Level 2)**-unsupported floating, kicking, front crawl, back crawl (45min)
- Guppy (Level 3)**-elementary backstroke, kneeling dive, front crawl, back crawl (45min)
- Flipper (Level 4)**-sidestroke, deep water bobbing, breaststroke kick, previous strokes (45min)
- Seal (Level 5)**-dolphin kick, treading water, breaststroke, previous strokes (45min)
- Sailfish (Level 6)**-butterfly, front and back crawl flip turns, increased endurance (45min)
- Barracuda (Level 7)**-refine and review all strokes and turns, junior life guard skills (45min)

Lesson times: 8:45 a.m., 9:30 a.m., 10:15 a.m., 11 a.m., 7 p.m. and 8 p.m.

All classes are Monday – Thursday and Saturday (8, 9, and 10am).

Sessions begin June 3, June 17, July 6 (Sat.), July 8, and July 22.

Fee: \$50 per student (2 week session)



Dive-in Movies

If you want to watch from the water or we have plenty of deck furniture available if you would rather stay dry, too.

Date	Day	Time	Movie
June 7	Fri	9 PM	Madagascar
Jun 28	Fri	9 PM	Shark Tale
July 12	Fri	9 PM	Free Willy
Aug 2	Fri	9 PM	Lilo & Stitch

Location: Lap Pool

Admission is \$3.00 per person.

Kung Fu H2O

Light weights and water resistance combined with Kung Fu kicks, blocks, and punches to improve strength, flexibility, coordination.

Date _____ Day _____ Time _____

Jun 4-Aug 6* Tu 8:15-9 PM

*No classes July 1-4

Location: Lap Pool

Fee: \$35 or \$4 per visit

Aqua Kick/Motion

Kick - A mix of kickboxing and simple dance grooves set to heart pounding dance music!

Motion - This cardio workout set to music aims to improve flexibility, energy and stability. Monday and Thurs

Class Date Day Time

Kick Jun 3-Aug 5* Mon 8:15 - 9PM

Motion Jun 4-Aug 6* Tu 8:15 - 9PM

*No classes July 1-4

Location: Plunge Pool

Fee: \$35 or \$4 per visit

Itty Bitty Luau

This free, Hawaiian-themed poolside party is designed for youth age six and under that includes water safety information for children.

Ages: 6 and younger

Date _____ Day _____ Time _____

Jun 26 Wed 9 to 11 a.m.

Location: Family Play Pool Only

Admission is Free.



CLASSES

Splash and Play

Enjoy the kiddie slides, water cannons, fountains and more. This program is designed just for the younger child to enjoy. Parents are free and encouraged to join in the fun.

Ages: 6 and younger

Dates _____ Day _____ Time _____

Jun 4- Aug 1* Tu/Th 9:30-11:30 a.m.

*no classes July 2nd or 4th

Location: Family Play Pool

Fees: \$4 per child per day



Aqua Yoga

a fun and more gentle form of yoga. In the water, joints are supported allowing free movement while also acting as resistance to help strengthen muscles and challenge balance

Date _____ Day _____ Time _____

Jun 8- Aug 3 Sat 10 to 10:45 a.m.

Location: Sun Deck

Fee: \$35 or \$4 per visit



Aqua Boot Camp

This high-intensity, low-impact class is designed to help you reach your fitness goals!

Date _____ Day _____ Time _____

Jun 6-Aug 8* Th 8:15-9 PM

*No classes July 1-4

Location: Plunge Pool

Fee: \$35 or \$4 per visit

Aqua Blast

Tone and shape your body using the resistance of water. This class is full of fun & energizing activities designed to help you reach your fitness goals! The exercises are performed in chest high water.

Date _____ Day _____ Time _____

Jun 5-Aug 7* Wed 8:15 to 9 PM

*No class July 2nd

Location: Plunge Pool

Fee: \$35 or \$4 per visit

Lap Swimming

Increase your cardiovascular fitness by swimming lengths in our 25-yard lap pool.

Date _____ Day _____ Time _____

Jun 3-Aug 1* M-Th 9:30 - 11 a.m.

*No classes July 1-4

Location: Lap Pool

Fee: \$35 for 10-visit pass, \$4 per visit or included with season pass

River Walking

Walk a section of the Lazy River first with the current, then against the current in this low-impact program. Water Shoes are recommended.

Ages: 16 and older

Date _____ Day _____ Time _____

Jun 3-Aug 8* M-Th 9:30 - 11 a.m.

Jun 3-Aug 8* M-Th 8:15-9 p.m.

*No classes July 1-4

Location: Lazy River

Fee: \$35 for 10-visit pass, \$4 per visit or included with season pass

MAY 2019

- 25- Opening Day
- 27- Holiday Hours 11 AM to 6 PM

JUNE 2019

- 3- Swim Lessons Begin (session 1)
- 4- Splash and Play
- 6- Splash and Play
- 7- Dive-in Movie: Madagascar
- 11- Splash and Play
- 13- Splash and Play
- 17- Swim Lessons Begin (session 2)
- 20- World's Largest Swim Lesson
- 25- Splash and Play
- 26- Itty Bitty Luau
- 27- Splash and Play
- 28- Dive-in Movie: Shark Tale

JULY 2019

- 4- Holiday Hours 11 AM to 6 PM
All Police, Fire, EMS, and Military get in Free with paid admission
- 6- Saturday Morning Swim Lessons Begin
- 8- Swim Lessons (session 3)
- 9- Splash and Play
- 11- Splash and Play
- 12- Dive-in Movie: Free Willy
- 16- Splash and Play
- 18- Splash and Play
- 22- Swim Lessons (session 4)
- 23- Splash and Play
- 25- Splash and Play
- 30- Splash and Play

AUG 2019

- 1- Splash and Play
- 2- Dive-in Movie: Lilo & Stitch
- 11- Last Day of the 2018 Season
- 13- Waggin at the Water Park

Twilight Prices

Admission prices from 5-8 p.m.
Monday-Friday

\$3 Off Daily Entry Prices



FIRST RESPONDERS DAY Thursday, July 4

A DAY HONORING OUR EVERYDAY
HEROES: EMT, FIRE, POLICE & MILITARY

Free admission for First Responders.
Family activities, music and more!



June 20, 2019

Adventure Oasis is proud to be a host facility for the 2019 World's Largest Swimming Lesson. Last year's WLSL event included over 35,000 participants from 22 countries.

The safety of our guests is paramount and we're excited for the opportunity to teach our guests and their little ones.

Date	Day	Time
Jun 20	Th	6 p.m.
Location: Lap Pool		
Admission is Free.		

Waggin at the Waterpark

Tuesday, August 13 from 6 to 8 p.m.

This is when Adventure Oasis goes to the dogs!



After the 2019 season Adventure Oasis Water Park is open for the dogs. Sorry, no humans are allowed in the water at this event. One dog per adult human, aggressive or dogs in heat are not permitted. All Independence city ordinances apply.

DOOR PRIZES - VENDORS - DOG SWIMSUIT COMPETITION

**Splish & Splash with a birthday party bash at
Adventure Oasis Water Park
Packages now available call (816)325-7370**



**PLEASE DO NOT WAIT
programs fill up fast
call (816)325-7370**

