

YOUTH PROGRAMS



2009 U.S. Jr. Olympic Skills Competition

Ages 8 -13

The 2009 U.S. Jr. Olympic Skills Competition is a national grassroots program that provides both boys and girls the opportunity to showcase their athletic abilities. Winners can advance through three levels of competition, including the National Finals at the U.S. Olympic Training Center. The following are the local qualifying events hosted by Independence Parks and Recreation. No pre-registration is required:

Basketball

Challenges participants to score as many points as possible in 45 seconds by making baskets from designated shooting areas. Contestants follow up with two free throws for additional points.

Date	Day	Time	Fee
TBD			Free

Location: TBD

Soccer

Tests contestants' ability to dribble, shoot and score in the fastest time possible.

Date	Day	Time	Fee
TBD			Free

Location: TBD

Track & Field

Tests competitors in two fundamental skill events: the Sprint (50-meter dash) and the Jump (standing broad jump). Participants compete in both events to receive the highest cumulative point score.

Date	Day	Time	Fee
TBD			Free

Location: TBD

Tennis

Participants serve a low compression tennis ball and continue to hit the ball against a wall and above the Net Line as many times as possible in 30 seconds.

Date	Day	Time	Fee
TBD			Free

Karate

Ages 8 - 15 years

Karate can help change your child's life. It is great exercise, improves coordination, and teaches discipline, all in a positive, fun environment. An exciting bonus with this class is that parents can participate with their child at no charge. Help build a stronger relationship by sharing in this character building experience.

Date	Day	Time	Fee	Activity #
Sep 2 - 30	M/W	6 - 7 p.m.	\$40	21009-01
Oct 7 - 28	M/W	6 - 7 p.m.	\$40	21009-02
Nov 2 - 30*	M/W	6 - 7 p.m.	\$40	21009-03
Dec 2 - 23	M/W	6 - 7 p.m.	\$40	21009-04
Jan 4 - 27**	M/W	6 - 7 p.m.	\$40	21009-05
Feb 1 - 24***	M/W	6 - 7 p.m.	\$40	21009-06

* No class Nov 11, 18 & 25

** No class Jan 18

*** No class Feb 15

Location: Roger T. Sermon Community Center

YOUTH PROGRAMS



Toddler Town

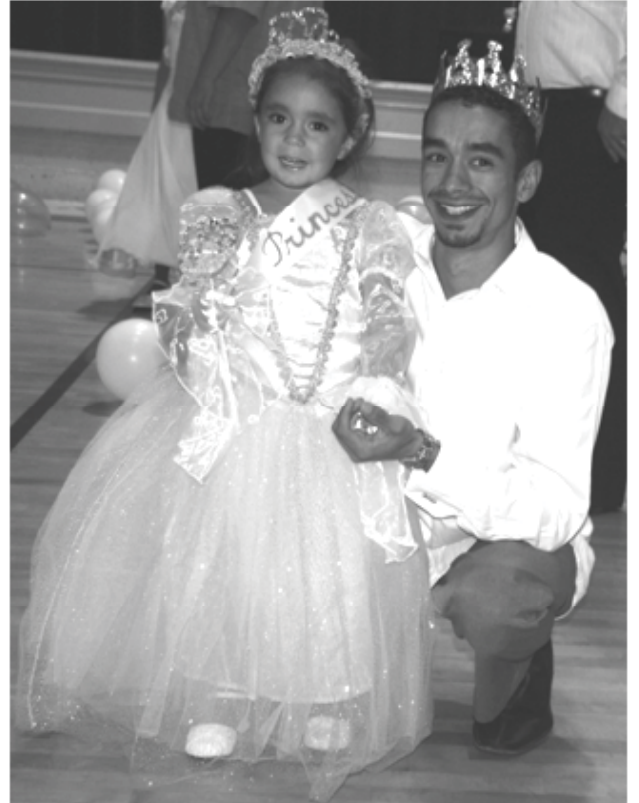
Ages: 5 years and younger

Children enjoy visiting our indoor playground in the gym at the Roger T. Sermon Community Center. Parents as Teachers, a program of the Independence School District, provides educational activities for participants. Parents are required to remain with their children.

Date	Day	Time	Fee
Oct 5 - Mar 17	M-W-F	10 a.m.- noon	\$1/child
Mar 22 - Apr 21	Wed only	10 a.m.- noon	\$1/child

Location: Roger T. Sermon Community Center

Toddler Town is not held when Independence Schools are not in session or when gym is closed.



The Little Princess Ball

Ages: 5 to 10 years

Hear ye, hear ye...all princesses are invited to attend the second annual Little Princess Ball along with their prince or knight in shining armor (father figures). There will be music, dancing, raffles, appetizers, give-a-ways and horse drawn carriage rides! Get your tickets at the Truman Memorial Building now! No tickets will be sold at the door. Registration deadline is 5 p.m. Friday, Sept. 25. Dress in your prettiest ball gown and join us for a night of enchantment and fun! For more information, call 816-325-7843.

Date	Day	Time	Fee
Oct 10	Sat	6 - 8:30 p.m.	\$30/couple

Location: Truman Memorial Building



Migration Station

Join your feathered friends for a high-flying fall festival. Learn why some birds fly south, why some birds stay, and how you can help them. Activities include a story, craft activity, and short nature hike suitable for young children. Pre-registration requested. Call 816-325-7115 for more information.

Date	Day	Time	Fee
Oct 10	Sat	10 - 11:30 a.m.	Free

PHOTO POLICY

Independence Parks and Recreation staff take photos during events and programs. These photos may be used in future publications. Thank you for being part of the "Big Picture" in Parks and Recreation.