

# In the Huddle



Your community connection to upcoming programs and events!

Volume 2, Issue 9

September 2010

## Free and Reasonably Priced Programs and Special Events

### National Senior Center Month

Experience what The Palmer Center has to offer to seniors in the community. Come celebrate exciting events throughout National Senior Center month for your enjoyment.

**12:15 p.m. Wednesday, September 1**

**Kick off party.** With greetings from Mayor Don Reimal, cake and entertainment by Betty Jo Simon.

**9 a.m. Saturday, September 11**

**Grandparent's Day Breakfast.** Grandparents and their grandchildren can have cartoon caricature done, play the Wii together, enjoy a delicious breakfast and a morning of fun.

**Fee:** \$5 adults, \$3 children, pre-registration required by Sep 8.

**1 p.m. Friday, September 17**

**Bingo and dessert bar.** Just show up, play and indulge!

**1 p.m. Tuesday, September 28**

**50+ Talent Show.** First, second and third place winners will be recognized. Pre-registration is required by September 25.

All events at The Palmer Center  
218A N. Pleasant St.  
To register or for more information  
(816) 325-6200



### Dippin' Dogs Dog Swim

**6 - 8 p.m.  
Tuesday, September 7**



After the close of the season for its human patrons, Adventure Oasis will open just for your canine friends! Aggressive dogs not allowed. One dog per adult (age 18+). Children must be accompanied by an adult. One dollar of each entry fee will be donated to the Independence Animal Shelter.

**Fee:** \$2 per dog

Adventure Oasis Water Park  
2100 S. Hub Dr.  
(816) 325-7843

### 33rd Annual Quilt Show

**Saturday, Sunday  
and Monday  
September 4, 5 and 6**



Hosted by the Piece Makers Quilt Club

New and vintage quilts and related items will be on display. Vendors will be on hand with material, kits, quilting supplies and demonstrations.

**Times:** 10 a.m. - 6 p.m. Saturday  
noon - 6 p.m. Sunday  
10 a.m. - 4:30 p.m. Monday

**Fee:** This is a free event, donations accepted

Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
For information call (816) 325-7370  
Or Alta Short at (816) 257-5588

### National Public Lands Day

**8 a.m. - noon  
Saturday, September 25**

A national volunteer day of service to improve and enhance public lands. Group registration is encouraged by September 22.

**Fee:** This is a free event  
**Ages:** For all ages

George Owens Nature Park, 1601 S. Speck Rd.  
For more information or to register  
call (816) 325-7115

### Women's Personal Protection and Self Defense

**7:15 - 9 p.m.  
Wednesday, September 29**

This class gives you information that may save your life.

**Fee:** \$15 per person

Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
For information call (816) 325-7370

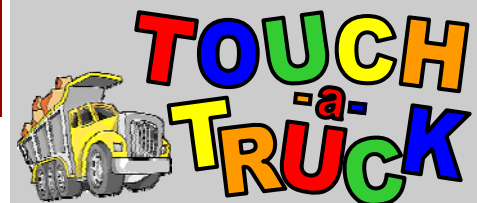


### 2011 Season Passes

End of Season special ends at 6 p.m. Monday Sep 6.  
Purchase passes at the front desk of Adventure Oasis Water Park.

Labor Day Weekend Holiday Schedule  
Saturday Sep 4 11 a.m. - 8 p.m.  
Sunday Sep 5 11 a.m. - 8 p.m.  
Monday Sep 6 11 a.m. - 6 p.m.

2100 S. Hub Dr.  
(816) 325-7843 or (816) 325-SWIM



**9 a.m. - 1 p.m.  
Saturday, September 25**

Stop by and see lots of trucks and special vehicles. See them up close, touch them, sit in them and maybe even honk their horns!

**Fee:** This is a free event

Independence Events Center  
19100 E. Valleyview Parkway  
For information call (816) 325-7843

## September Events

- 1 Tai Chi Chuan begins
- 1 Karate begins
- 4,5,6 33rd Annual Quilt Show
- 7 Dippin' Dogs Dog Swim
- 7 Exercise classes begin
- 10 - 11 Itty Bitty Campout
- 11 Ballroom Dance
- 11 Grandparent's Day Breakfast
- 13 Exercise classes begin
- 17 National Park(ing) Day
- 18 Family Bike Hike
- 21 Exercise classes begin
- 21 - 23 Hunter Education Course
- 25 National Public Lands Day
- 25 Touch a Truck
- 27 Learn to Skate classes begin
- 28 50+ Talent Show
- 29 Women's Personal Protection Class

## Itty Bitty Campout

5 p.m. - 9 a.m.  
Friday night to Saturday morning  
September 10 - 11

Staff will assist parents at the campground.

**Fee:** \$10 per participant  
**Age:** Families with children up to age 7

George Owens Nature Park, 1601 S. Speck Rd.  
To register call (816) 325-7115

## Toddler Town

Begins October 4

10 a.m. - noon

Monday, Wednesday, Friday

Age: 5 and younger

Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
or call (816) 325-7370



## Princess Ball

6 - 8 p.m.  
Saturday, October 2

Hear ye, hear ye... all princesses in the land are invited to attend the third annual Little Princess

Ball along with their prince or knight in shining armor (father figure). There will be music, dancing, appetizers and general merry making. Get your tickets now at the Truman Memorial Building! Space is limited. No ticket sales at the door.

**Fee:** \$25 per couple  
\$15 for each additional participant  
**Ages:** 5 - 10 years (princesses)

Registration deadline 5 p.m. Friday, September 24.

Truman Memorial Building  
416 W. Maple Ave.  
For information call (816) 325-7843

## Family Bike Ride

10 a.m. - noon  
Saturday, September 18

Join in for a family bike ride from Rotary Park to Country Club Park on the new Rock Creek Trail. Pack lunches or snacks for the three-mile, round-trip bicycle ride. Meet in the Rotary Park parking lot 10615 E. 24th St. S. prepared to ride at 10 a.m.

**Fee:** This is a free program

For more information call  
(816) 325-7115

## Centerpoint Community Ice

### Public Skate Sessions

Monday - Friday 1 - 3 p.m.  
Tuesday 7 - 8:30 p.m.  
Friday 7 - 10 p.m. \*\*  
Saturday noon - 2 p.m.  
8 p.m. - 11 p.m.\*  
Sunday noon - 2 p.m.  
\*7 - 10 p.m. Sep 4  
\*\* 8 - 11 p.m. Sep 17 and 24,



The Centerpoint Community Ice Facility offers a wide variety of programs including public skating, learn-to-skate classes, figure skating, hockey, special events, birthday parties and private rentals.

Centerpoint Community Ice Facility  
Southwest side of Independence Events Center  
19100 E. Valley View Pkwy.

For information or to enroll in classes call  
(816) 795-7577 or visit:  
[www.independencememo.org/communityice.html](http://www.independencememo.org/communityice.html)

## Karate



A bonus to this class is that parents can participate at no charge with their child.

**Fee:** \$40 per child  
**Dates:** Sep 1 - 29 (No class Sep 6)  
**Days:** Monday and Wednesday  
**Time:** 6 - 7 p.m.  
**Age:** 8 - 15 years

Registration due 3 days before session.

Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
For more information or to register call  
(816) 325-7370

## Need directions to a park?

Go to: <http://www.independencemo.org/parksandrec/parksmap.aspx>

## National Park(ing) Day

10 a.m. - 2 p.m.  
Friday, September 17

Learn about recreational opportunities and public parks in Independence. This one day global event celebrates parks and the importance of public open space. Visit us in the public parking areas below to learn about and participate in some fun outdoor activities.

**Locations:** Englewood Business District  
Independence Center  
Independence Square  
**Fee:** This is a free event

For additional information call (816) 325-7843  
(Original concept by Rebar [www.rebargroup.org](http://www.rebargroup.org)).

## Hunter Education Course

6 - 9:30 p.m. Tue, Wed and Thu  
September 21, 22, 23

An approved hunter education certificate card is required before purchasing a hunting license for anyone born on or after January 1, 1967.  
Registration due 3 days before program begins.

**Fee:** This is a free program  
**Ages:** 11 years and older

## Exercise Programs

### Intro to Step Aerobics

5:30 - 6 p.m. Mon/Wed Sep 13 - Oct 20  
Fee: \$12.50

### Step Aerobics

6 - 7 p.m. Mon/Wed Sep 13 - Oct 20  
Fee: \$20

### Multi Level Aerobics

6 - 7 p.m. Tue/Thu Sep 7 - Oct 14  
Fee: \$15

### Extreme Boot Camp

5:10 - 5:50 p.m. Tue/Thu Sep 7 - Oct 14  
Fee: \$30

### Tai Chi Chuan

6:30 - 8:30 p.m. Wed Sep 1 - 29  
Fee: \$40

### Yoga

5:55 - 6:55 p.m. Tue/Thu Sep 21 - Oct 28  
Fee: \$30

### Kaerobox

7:30 - 8:30 p.m. Mon/Wed Sep 13 - Oct 20  
Fee: \$40

### Interval Step

4:30 - 5:30 p.m. Mon/Wed Sep 13 - Oct 20  
Fee: \$25

### Pilates/Yoga

9:30 - 10:30 a.m. Tue/Thu Sep 21 - Oct 28  
Fee: \$40

### Core Fitness Training

7:15 - 8:15 p.m. Tue/Thu Sep 7 - Oct 14  
Fee: \$20

### Turbo Kick

11 a.m. - noon Tue/Thu Sep 7 - Oct 14  
Fee: \$30

All classes at:  
Roger T. Sermon Community Center  
201 N. Dodgion Ave.  
To register or for more information  
(816) 325-7370

## Ballroom Dance

7 - 10 p.m.  
Saturday, September 11



Basic ballroom dance instructions available at 6 p.m. the day of the dance for \$2 per person.

Dance fee: \$8 per person \$15 per couple

Truman Memorial Building  
416 W. Maple Ave.  
For more information call (816) 325-7843

## Competitive Tennis

This tennis program focuses on repetition, foot work, game-type situations and tournament play. Practices are 1.5 hours in length. Players must have completed a session of junior lessons or have the approval of the instructor.



**Age:** 11 - 18 years  
**Dates:** Oct 4 - 28  
**Days:** Mon/Wed/Thu  
**Times:** 4:30 - 6 p.m.  
**Fee:** \$90 per student  
**Locations:** Sermon Center (Mon)  
Truman Memorial Building (Wed/Thu)

For more information call (816) 325-7843

For more information or to register, call (816) 325-7370 or visit [www.independencemo.org/parksandrec](http://www.independencemo.org/parksandrec)