

The Mile Starts Here

Come join “The Mile Starts Here” walking program! A mile led route will take place every Wednesday from **June 6th-Sept 26th** at **9 a.m.** rotating between five Independence parks and trails. Check out the walking schedule below and get out and walk with us!

2012 Walking Schedule

(9 a.m. every Wednesday)

	Date/Time	Location
1st Wednesday of the month	Meet at 9 a.m. June 6, July 4 (No activity), August 1, September 5	Farmer’s Market route: Truman Historical Walking Trail—Meet at Independence Square, Corner of Truman and Main
2nd Wednesday of the month	Meet at 9 a.m. June 13, July 11, August 8, September 12	Waterfall Park: 4501 S Bass Pro Drive
3rd Wednesday of the month	Meet at 9 a.m. June 20, July 18, August 15, September 19	Clothier Park: 17203 E. 23rd St
4th Wednesday of the month	Meet at 9 a.m. June 27, July 25, August 22, September 26	Santa Fe Park Trail: 2731 S Santa Fe Rd
5th Wednesday of the month	Meet at 9 a.m. August 29th	George Owens Nature Park: 1601 S Speck Rd

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Questions? Contact the Independence Health Department at 816 325-7185.

